

## The

## Clarion

Volume 224, Issue 3, March 2019

**A Monthly Publication** 





Ash Wednesday is the Holy Day that begins the penitential season of Lent in preparation for Easter. We offer worship services at 7:30 am and 10:00 am in the chapel, and 7:00 pm in the sanctuary. All services will include the Imposition of Ashes and Holy Communion. We hope to see you in worship on Wednesday, March 6th!

## The Clarion Volume 24, Issue 3

is the independently edited, local monthly newsletter of Christ Episcopal Church, 409 East High Street, Springfield, OH, 45505 and published by Christ Episcopal Church upon authority of its Rector.

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Christ Episcopal Church in the Diocese of Southern Ohio







#### Bishop:

The Rt. Rev. Thomas E. Breidenthal

#### Priest:

The Rev. Maggie Leidheiser-Stoddard

#### Deacon:

The Rev. Rick Incorvati

### Senior Warden:

Dawn Ivy

#### Junior Warden:

John Richardson

#### Organist:

Dr. Christopher Durrenberger

## Parish Administrator/Program Coordinator:

Kelly Zeller

#### Facility Manager:

Paul McAfee

#### Bookkeeper:

Tina Knox

#### Clarion Editor:

Joyce Spangler



Rev. Maggie will be on vacation from Friday, March 22nd through Saturday, March 30th. Our guest priest for March 24th will be the Rev. Terri Thornton. Rev. Maggie will be back at Christ Church on March 31st!



Dear people of Christ Church,

As I write these words, I know that many of our kindred in Christ here in Springfield and around the world are grieving. The General Conference of the United Methodist Church has just voted to strengthen its policies excluding gay, lesbian, bisexual, and transgender Christians from full participation in the life of the church. At the same time, I see new revelations about the sexual abuse of children (and ecclesiastical protection of abusers) by powerful figures in the Roman Catholic Church. These are only two examples, each of them causing pain, fear, anger, alienation, doubt, and even life-threatening degradation for so many precious children of God.

This is not a time to pat ourselves on the back ("We Episcopalians are so welcoming and open-minded, we don't have these problems!"). Our Church is not perfect. No human institution can ever live up to the standard of selfless, humble, loving perfection set before us by our Lord and Savior.

This is a time to listen to the experiences of those who are hurting, to spread the Good News of Christ's abiding and eternal love for **all God's children**, and to pray—to pray for an end to exploitation and abuse, injustice and inhumanity.

From the Song of Ezekiel (Ezekiel chapter 36):

"A new heart I will give you \*
and a new spirit put within you.
I will take the stone heart from your chest \*
and give you a heart of flesh."

May it be so!

Blessings & love,

Rev. Maggie L-S (RevMaggieLS@gmail.com)



Worship... Offering meaningful, relevant, and welcoming worship in the Episcopal tradition for people of all ages.



## The next Taizé service will held at First Lutheran Church on Sunday, March 24th at 5 PM.

Taizé is a quiet, peaceful service of readings, songs, prayers, and candlelight The name Taizé comes from an ecumenical religious community in France. After WWII, young adults from all over Europe flocked to it, looking for healing and reconciliation. To help these people of many different languages worship together, the monks of Taizé wrote simple, beautiful, moving chants, which are easily learned. Taizé continues to be a pilgrimage destination for young people—now from all over the world— and their simple, quiet worship is held all over the world, as well.

## LAST CALL FOR CONFIRMATION

The sole opportunity for confirmation this year in the Diocese of Southern Ohio will be at Procter Center on Saturday, May 11th. If you would like to be confirmed this year, or if you want to find out more about the process, you MUST contact me to set up an initial meeting on or before Ash Wednesday, March 6th. The next opportunity for confirmation will not be until sometime in 2020. More details are available via flyers on the information rack outside the sanctuary!

Contact Rev. Maggie in the church office (937-323-8651), via email (RevMaggieLS@gmail.com), or via text (937-605-1536)}

## Revised Common LECTIONARY

Date	First Lesson	Psalm	Second Lesson	Gospel
March 3	Exodus 34: 29-35	99	2 Corinthians 3:12-4:2	Luke 9:28-36
March 10	Deuteronomy 26:1-11	91	Romans 10: 8b-13	Luke 4:1-13
March 17	Genesis 15:1-12, 17-18	27	Philippians 3:17- 4:1	Luke 13:31-35
March 24	Exodus 3:1-15	63:1-8	1 Corinthians 10:1-13	Luke 13:1-9
March 31	Joshua 5:9-12	32	2 Corinthians 5:16-21	Luke 15:1-3, 11b-32

## Healthy Thoughts: Caring for a Family Member with **Dementia**

Provided by ERH Parish Health Ministry

"My people are destroyed for lack of knowledge. (Hosea 4:6)

## ow does dementia affect communication? As you care for your loved one, you may recognize some of the following gradual

- Difficulty finding the correct words
- Creating new words for ones that are forgotten
- Repetition or overusing a word or phrase
- Trouble organizing words into logical sentences
- Cursing or using other offensive language
- Diminished speech

#### How can you help a loved one that has dementia?

- Show patience and avoid outpacing. Outpacing is when we provide information or choices too quickly for someone to process, then expect the person to react faster than he or she is able. An example of outpacing is, "Do you want to wear the brown slacks with the tan shirt, the black slacks with the grey shirt, or the grey slacks with the blue shirt?" This is an example of giving too much information, and giving it too quickly! Allow extra time to accomplish tasks such as dressing or responding to a question.
- Focus on the positive. Criticizing or correcting is nonproductive and may lead to yelling, crying, or striking out. Instead, try to focus on what your loved one has said and try to find the meaning in his or her message. When a loved one is unable to find meaning, redirect or simply change
- · Avoid arguing. Try not to argue about unimportant things, such as the correct date. Reality Orientation, or informing a loved one of the correct date and time, is not effective and can cause your loved one to become agitated. If you don't agree with, or

- are offended by, a statement made by your loved one, let it go.
- Reduce distractions. Background distractions, such as television, noise, or nearby conversations can compete for attention and impair conversations.
- Become a creative listener. Pay attention to verbal and nonverbal communications. Persons with dementia will often communicate with family through their behaviors and expressions of emotion. Look at the emotional meaning behind statements made by a person with dementia.
- Use simple, direct statements. Since persons with dementia are only able to focus on one thought at a time, multistep instructions may lead to confusion.
- Remain calm. Remember, people with dementia often react more to our feelings than our words. Although they may not be able to remember who you are, they can sense when you are upset. Finding ways to remain calm can help you gain cooperation.
- Recognize your limitations. When communication is breaking down, or you are too frustrated, turn on some music, or try to recall a favorite prayer or time in your lives.



## Parish Health Ministry

Episcopal Retirement Homes (ERH) is a not-for-profit organization committed to enriching the lives of older adults in a person-centered innovated, spiritually based way. ERH serves seniors in southern and central Ohio through residential communities, affordable housing and in-home services. For more information, please call (800) 835-5768 or visit www.EpiscopalRetirement.com

## March Calendar at a Glance

Sunday 3/3	Worship at 8 & 10 AM; Christian Formation
	Classes; Bible Study at 4 PM
Tues. 3/5	Shrove Tuesday Pancake Supper & Talent
	Show 6 to 7:30 PM
Weds. 3/6	<b>Ash Wednesday</b> Worship at 7:30 &
	10 AM; Crafting at 9 AM; Worship at 7 PM
Thurs. 3/7	Vestry at 6:30 PM
Sat. 3/9	Get ready to Spring Forward!
Sunday 3/10	<b>Day of Change</b> Worship at 8 & 10 AM;
	Christian Formation; Bible Study at 4 PM
Tues. 3/12	Lunch Bunch at Linardo's at 11:30 AM
Weds. 3/13	Pantry delivery at 9 AM; Crafting at 9 AM;
	Worship at 10 AM
Thurs. 3/14	<b>Empty Bowls</b> at Wittenberg 4:30 to 7 PM
Sunday 3/17	Worship at 8 & 10 AM; Christian
· ·	Formation; Bible Study at 4 PM
Weds. 3/20	Food Pantry Day; Crafting at
	9 AM; Worship at 10 AM
Sunday 3/24	Worship at 8 & 10 AM; Christian
<u> </u>	Formation; Bible Study at 4 PM; Taize at
	First Lutheran at 5 PM
Weds. 3/27	Crafting at 9 AM; Worship at 10 AM
Sunday 2/21	Worship at 8 & 10 AM Christian
<u>Sunday 3/31</u>	Worship at 8 & 10 AM; Christian

# March

Alan Ladd	Mar-01
Joann Albright	Mar-02
Keith Harbaugh	Mar-03
Aliviya Payne	Mar-04
Susan Goble	Mar-05
Stacy Whitt	Mar -06
Cheryl Whipp	Mar-06
Bailey Doan	Mar-07
Judy McGregor	Mar-08
Doug Smith	Mar-13
Elisabeth Rigsbee	Mar-15
Deb Southward	Mar-16
Babs Reed	Mar-16
Olivia Chitkara	Mar-17
lan Shelburne	Mar-18
Wayne Southward	Mar-24
Traudie Milleck	Mar-25
Norm Silliman	Mar-25
Jennifer Oldstone-Moore	Mar-27
Kevin Rigsbee	Mar-27
Lori Swafford	Mar-27
Wade Smith	Mar-28
Jacob Lewis	Mar-31

## Results of the 185<sup>th</sup> Annual Meeting

During the 35-minute Annual Meeting on February 24th, the following lay leaders were elected:

- Dawn Ivy, Senior Warden and John Richardson, Junior Warden
- ❖ Bonnie Bingman, Joyce Spangler, and Denise Sharp, At-Large Vestry Members
- Justin Lehman, Joan Hurley, John Richardson, and Ron Dowling, Diocesan Convention Delegates



Wayne and Deb		
Southward	March	15
Ted and Wendy DeLong	March	27

Thank you to the Vestry and all who helped set up and clean up!



## Hospitality... welcoming, nurturing, and supporting the members of our parish and greater community.



The next outing for the "Lunch Bunch" is on Tuesday, March 12<sup>th</sup> at 11:30 AM at Linardo's Villa, 2230 East Main Street in Springfield. This group

welcomes all men and women who are available at lunchtime for some good food and fellowship. RSVP Anita Beardsell at <a href="mailto:anitabeardsell1234@gmail.com">anitabeardsell1234@gmail.com</a>. If you need a ride, please let her know that as well.

## Volunteers Needed at Springfield Regional Medical Center

Springfield Regional Medical Center is currently seeking volunteers in the following areas:

- Main Lobby Greeter and Patient/Visitor Escort
- Volunteers in Patient Support (VIPs)
- Shuttle Service
- Volunteer Office Assistant

Volunteers in all roles receive orientation and training to help them get started and become comfortable in the hospital environment.

Contact Jessica Pettit, Volunteer Services Director, at 937-523-5192 or <a href="mailto:japettit@mercy.com">japettit@mercy.com</a> or Pat Cary at sisterpcocd2@hotmail.com for more information.



Soup and bread is "comfort food", and we at Christ Church try to deliver this

combination to individuals who need a little extra love and special attention. Right now we are in need of soup – and perhaps you could help by providing containers of soup, with the date and kind of soup on the label. Please let Kelly, in the church office, know if you can help. We can guarantee that the soup will be appreciated.



Prayer shawls are available in the East Entrance. The Prayer Shawls can be given to anyone needing comfort

during difficult times. Please complete the last line of the card and place in the box on the table. If you have any questions contact Joan Hurley at jahurley500@gmail.com.

## **GREETERS NEEDED!!**



Christ Church needs a couple of more Greeters! A Greeter arrives at 9:30, welcomes parishioners and

guests, hands out nametags, and is finished by 10 AM to attend the service. If you're interested in being a greeter please contact Kelly at 937-323-8651 or via email Kelly@zellerk0611@gmail.com.



## 25th Annual Empty Bowls: Thursday, March 14th

The 25th Annual Wittenberg University Empty Bowls is Thursday, March 14th from 4:30–7 PM (Central Dining Room, Student Center of the Wittenberg Campus). Bowls are \$15, which includes a humble meal of soup and bread. The goal is to raise \$45,000 this year. All proceeds go to the Second Harvest Food Bank. For more info, contact Scott Dooley (937-327-6327).



## **Christ Church <u>UPDATED</u> Inclement Weather Policy**

If the Clark County Sheriff calls a Level 1 Snow Emergency, Christ Church will cancel the 8 am Sunday Service, the 10 am Wednesday Chapel Service and close the office, meetings and any other activities. If the Sheriff calls a Level 2 Snow Emergency the 10 am Sunday Service will also be cancelled. If Christ Church has to close on a Sunday, we will do our best to send out an email and post it on Channel 7. Please be safe! Whatever the snow emergency level, use your best judgment.



## **STAFF HOURS**

### **BY APPOINTMENT:**

Rector: The Rev. Maggie Leidheiser-Stoddard

Deacon: The Rev Rick Incorvati Senior Warden: Dawn Ivy Junior Warden: John Richardson

Parish Administrator/Program Coordinator:

Kelly Zeller: Monday–Friday, 8 AM–2 PM

Organist/Choir Director: Dr. Christopher

Durrenberger: Sunday mornings and by

appointment

Facility Manager: Paul McAfee: Monday-

Friday, 7–11 AM

Bookkeeper: Tina Knox: Tuesday and

Thursday, 8–10 AM



## Christ Church on Social Media!

If you're on Facebook, go to Christ Episcopal Church's

Facebook page. "Like" the page, and you'll receive information on upcoming events, learn historical facts, and view beautiful pictures. You'll be in the know! If you would like to view the Facebook page and are not on Facebook you can visit Christ Church's web page at christspringfield.org, scroll to the bottom of the home page, click on the small **f**, and it will redirect you to Christ Church's Facebook page.





Education... providing people of all ages rich opportunities to form a strong spiritual relationship with God so they may become good stewards of their faith to themselves and others.

## **Christian Formation for All Ages in March**

**Forward Week-by-Week** (after the 8 AM service) and the "**Big Read**" **Bible Study** (4 PM at Panera on Bechtle Ave.) are two ongoing opportunities for adults to share in conversation and grow in faith together. Newcomers are always welcome!

On **March 3rd** at 11:15 AM, the Lego Class will work together to construct a vessel to hold all our Alleluias until Easter Sunday. At the same time, the middle and high school youth will enjoy a "Big Questions" lunch with Rev. Maggie, and Jon L-S will offer a presentation in the Adult Forum.

For the remaining Sundays in March (that's the 10th, 17th, 24th, and 31st) kids, youth and adults will gather together in the Parish Hall for **Intergenerational Lenten Formation** from 11:15 AM to noon. This special all-ages Lenten experiment will include the learning and excitement of Lent Madness along with a splash of creativity. We'll debate the merits of the various saints (long past and more recent) and also illustrate some beautiful images to be used during Good Friday worship.

The **Adult Forum Team** is still seeking two or three new members -- folks who are willing to help plan, coordinate, and occasionally lead Forum sessions. If you might be interested, please let me know!

~ Rev. Maggie (RevMaggieLS@gmail.com)



Youth Group members took time out of their ski day at Mad River Mountain last month to pose for a photo with Darth Vader and Princess Leia in the lodge! (2/19/2019)



Outreach... helping to provide the physical, material, social, and spiritual needs in Springfield and beyond

## **Next Pantry Day: March 20th from 11–2**

Thank you to those who helped with February's Food Pantry! We gave out lots of meat, milk, tomato sauce, pasta, eggs, and fresh produce and the extras of soap, shampoo, gloves, socks, and toilet paper.

Pantry volunteers come from Covenant Presbyterian Church, Christ Episcopal Church, and other faith communities. Volunteers are needed to help pick up, unload, and pack food and help with customer service. Contact either Ann Chitkara (ann@nova.pcc.com) or Anne Randolph (annejrand@aol.com) to volunteer.

## ------

## **EASTER FLOWERS**

Easter can be a wonderful time to remember loved ones with a gift to Christ Church for flowers. Fill out this form and place it in the offering plate along with your check, payable to *Christ Episcopal Church*. Please write Easter Flowers on the memo line of the check. The deadline is April 1st, 2019.

Donor(s):	
In thanksgiving for:	
In memory of:	

## Toilet Paper Reminder

Our pantry is one of the few to give out toilet



paper. While T.P. is something most of us take for granted, this necessity cannot be purchased with the SNAP card. A donation of a package of toilet paper is a

great contribution to this amazing ministry! Donations can be put in (or near) the basket outside the elevator on the upper level of the church.

\_\_\_\_\_

## Pancake Supper & Talent Show Tuesday, March 5th from 6:00-7:30 PM

Chef Chris Oldstone-Moore will once again be in charge of the kitchen and Fred Bartenstein will host the Talent Show. Please fill out the form below and place it in the offering plate or email your info to Kelly Zeller (zellerk0611@gmail.com) by March 3rd. Come celebrate together as a parish family before we begin our Lenten journey!

begin our Lemen journey.
Name(s)
Γalent_
I can help set-up at 4 РМ
I can help cook at 5 PM
I can help clean-up



Priest: The Rev. Maggie Leidheiser-Stoddard

Deacon: The Rev. Rick Incorvati **Senior Warden:** 

Dawn Ivv **Junior Warden:** 

John Richardson

Treasurer: Ken Bladh

**Vestry at Large:** 

Bonnie Bingman Cathy Hasecke

Chris Oldstone-Moore

Denise Sharp Brian Shelburne Joyce Spangler

Chris Wells



## Day of Change: Sunday, March 10th

As our clocks "spring forward," we will once again collect loose change (bills gladly accepted too!) to support our Christ Church Food Pantry. Use your change to make a change in the lives of our hungry neighbors. Baskets will be passed at each service for this special offering.